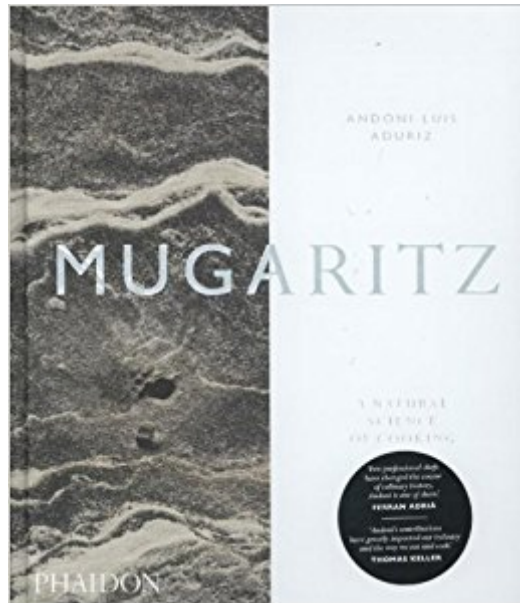




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Mugaritz: A Natural Science Of Cooking



Synopsis

Mugaritz in northern Spain, has long been considered one of Spain's most influential restaurants, and Andoni Aduriz one of its most talented and creative chefs. Mugaritz was recently voted number three in the S. Pellegrino World's 50 Best Restaurant Awards. Aduriz has been called a genius by 'Food and Wine Magazine', and a cult figure among Europe's young avant-garde Chefs. In 'Mugaritz', his first major cookbook, Aduriz reveals for the first time the creative process behind his dishes, while featuring 70 recipes sure to inspire chefs and food lovers around the world. Anduriz is well known for his interest and knowledge of nature, his embracing of new techniques, and his collaborations; all visible in this beautiful, richly illustrated cookbook. 'Mugaritz' is organized into thematic chapters about the history of the restaurant, its relationship with nature, the new culinary language that Aduriz has developed, the techniques behind the dishes, and the experience of the guest. Each chapter is illustrated with exclusive Mugaritz archive material, and atmospheric recipe photographs. This is a must have book for anybody interested in fine dining, avant garde cuisine, creativity and food culture. 'Mugaritz' will be one of the most talked about cookbooks of the season.

Customer Reviews

"Pretty much everything one might ask for from an Important Restaurant Cookbook. . .Striking." - Eater.com
"This is a must have book for anyone interested in fine dining, avant-garde cuisine, creativity, and food culture." - The Huffington Post

Andoni Aduriz is one of Spain's most talented and innovative chefs. Having trained under Ferran Adria at elBulli, he is widely recognized as one of Ferran's most talented proteges and the chef at the vanguard of Spain's culinary future.

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